

Caabuqa Corona

Dad badan waxay ka fekerayaan xanuunka Corona.

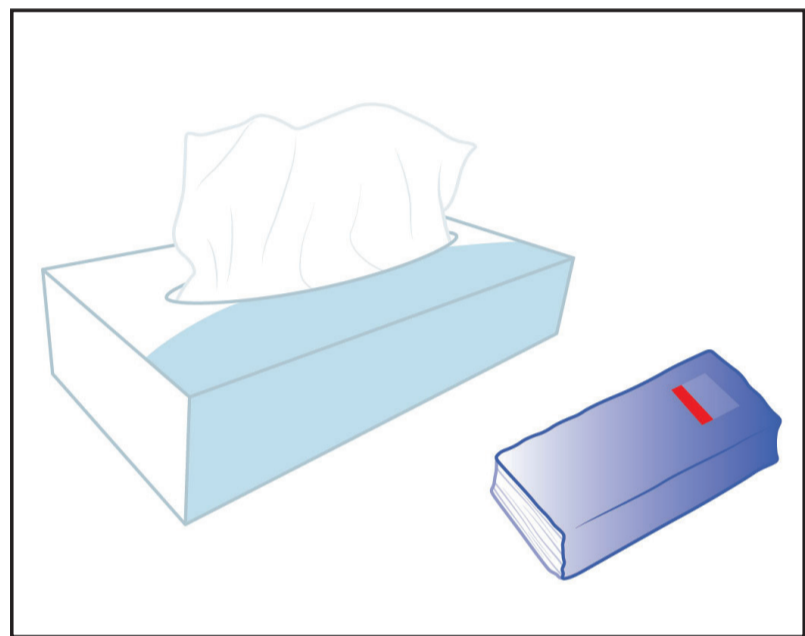
Nasiib wanaag inta badan dadku way ka bogsoodaan xanuunkan. Balse way wanaagsantahay inaad taxaddarto.

Maxaad samayn kartaa?

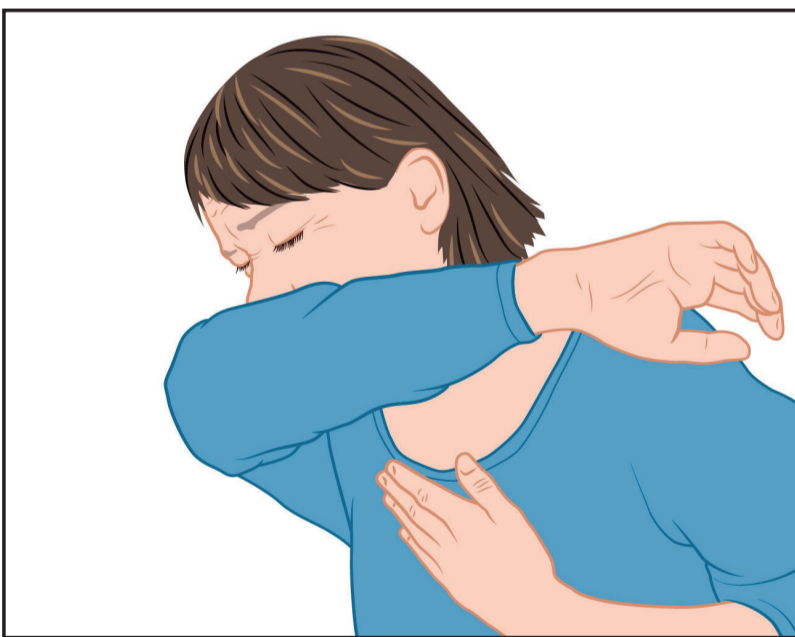
Halkan waxaad ka heleysaa dhowr talo oo muhiimsh:



1. Gacmaha saabuun ku dhaq dhowr jeer maalinkii. Faraha dhexdooda si fiican u dhaq.



2. Isticmaal waraaqaha sandiifsigaa markaad hindhisayso ama diifsanayso.



3. Ku qufac kuna hindhis Xusulka gudihiisa.



4. Qofna ha salaamin.

Haddii aad su,aal qabto: Wac **0800-1351**
ama ka raadi Corona bogga internet-ka [Thuisarts.nl](https://www.thuisarts.nl)